

Heart disease is the leading cause of death in the United States. To support awareness of heart disease and encourage our team members to take small acts to be heart healthy, submit a photo of yourself wearing red by scanning the QR code below. Since taking care of ourselves can set an example for others, you'll also be invited to share how you care for your heart.

Photo Tips:

- Abide by hospital safety protocols. When on campus, wear a mask in required areas and ensure your nose and mouth are completely covered.
- Have a clear background to ensure no patient or other confidential information is visible.
- Please remember to WEAR RED! If you like, make a heart symbol with your hands, demonstrate a heart-healthy activity, or offer another creative expression of your passion for promoting heart health.

Submit your photo wearing red by Wednesday, February 19!



SCAN THE OR CODE HERE





SUBMIT A HEART-HEALTHY RECIPE

Heart disease is the leading cause of death in the United States. To support awareness of heart disease and encourage our workforce to take small acts to be healthy, we are asking that you submit your own heart-healthy recipe by scanning the QR code below. YOUR Recipe could be featured in our cafeterias networkwide!

CONTEST DETAILS:

The top heart-healthy recipe from each campus will be awarded a gift card to their respective cafeterias. The top overall heart-healthy recipe winner will be featured in cafeterias networkwide on March 7th.



SCAN THE **QR CODE**TO SUBMIT YOUR RECIPE!

Recipes can be submitted from February 1st – February 25th.

Recipe Featured on March 7th!









FEBRUARY 14 – MARCH 13

The WMCHealth Heart Health Hero Challenge starts February 14!

Join this challenge to focus on physical activity and engage in daily lifestyle choices that support a healthy heart!



Ways to Join!
Participate as an individual or on a team!

Ways To Earn Wellable Points



Walking & Running



Nutrition



Cycling



Other Fitness Activities

TO PARTICIPATE, SIGN IN TO YOUR WELLABLE ACCOUNT:

https://app.wellable.co/



IF YOU DON'T HAVE A
WELLABLE ACCOUNT, CREATE
ONE HERE AND JOIN THE FUN:

https://app.wellable.co/WMCHealth









PATIENT ACCESS TOTAL TOTAL

EREAKING NEW GROUND: MID HUDSON REGIONAL LAUNGHES EMPLOYEE INFONET

MID HUDSON REGIONAL IS TAKING EMPLOYEE SUPPORT TO THE NEXT LEVEL WITH THE LAUNCH OF ITS EXCLUSIVE INFONET PLATFORM! THIS INNOVATIVE TOOL IS DESIGNED TO EMPOWER EMPLOYEES BY PROVIDING QUICK AND EASY ACCESS TO ESSENTIAL RESOURCES. FROM VITAL DOCUMENTS AND INSURANCE DETAILS TO SCHEDULES, GUIDES, AND FORMS, EVERYTHING YOU NEED IS NOW JUST A FEW CLICKS AWAY.

THE INFONET IS TAILORED SPECIFICALLY FOR THE MID HUDSON TEAM, ENSURING A STREAMLINED EXPERIENCE THAT ENHANCES EFFICIENCY AND COLLABORATION ACROSS DEPARTMENTS. WHETHER YOU'RE SEEKING UPDATED POLICIES, STEP-BY-STEP WORKFLOWS, OR THE LATEST NEWS, THE INFONET IS YOUR ONE-STOP SOLUTION.

HOMEPAGE	
WEB LINKS	
INSURANCE CARDS	
ADMITTING	~
BLANK CONSENT FORMS	
BLANK DOCUMENTS	~
HOW-TO GUIDES	¥
PAYROLL	. *
TELETRACKING	
TRANSPORTATION TELEPHONE	
EMAIL LEADERSHIP	

PAHUE ORG

Welcome to the Mid-Hudson Infonet

Patient Access Hub

The Mid Hudson Regional inforests an evaluative, contrational frush dissigned to field employees access essential information and resources with just a few clicks. This user friendly platform provides, everything proviners at your fingertips, including step by step guides, gollsy discusteens, blank forms, schedules, insurance navigation tools, and more. With quick links to high-demand resources, a scarchable interface, and fallored splations for Mid Hudson specific privation, the inforest scheduless excluding and schurzes efficiency, ensuring you can find what you need in moreonts.



0 = 0 0 0

TOP REDISTRAR

OUICK REDISTRATION

NAME

ENCOUNTERS

% TOTAL

GIOVANNI

260

8%







SH AOU EEN A

ZAKAIRA 847 7% PERITTNEY 203 6% PERITTNE



156 5%

ROPERENTATION

NAME

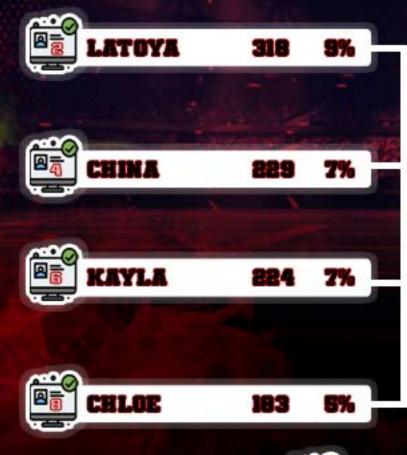
ENCOUNTERS

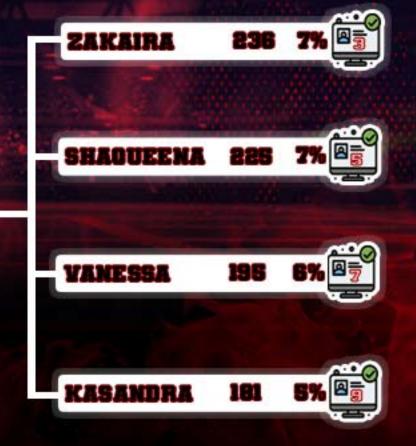
% TOTAL

KERRYANN

319 10%









GEORGETTE 1

166

TOP REDISTRAR

EXERCENCY ROOM

COPAY COLLECTION

NAME

COLLECTED

LATOYA

\$ 2,500.00



SIO, 383.00
FOR THE MONTH



KERRY ANN \$ 1,465.00

ISABEL

\$ 1,170.00 Pg



SHAQUEENA \$ 850.00

CHINA

GEORGETTE

* 835.00



* 785.00

\$ **783.**00 📴

JAIMIE

\$ 260.00



CAITLIN

ZAKAIRA

\$ 525.00



\$ 200.00

TOP DEFINED EXTENSES STREET STREET

DAY SHIFT
OUICK REG 1437 43%
FULL REG 1313 39%

OUICK REG 1380 41%

FULL REG 1457 43%

OVERNIGHT SHIFT OUICK REG 537 16%

FULL REG 584 17%

NAME

ENCOUNTERS

% TOTAL

KIERSTEN

479 19%





TONYA

427

79

LAUREN

377 15%



LORI

374

15%

MICHELLE

305



TOP REDSTRA COPAY COLLECTION

NAME

COLLECTED

LORI

\$ 3,007.59





TONYA

\$ 1,476.24

LAUREN

\$ 1,200.00



KIERSTEN

\$ 1,150.00

MICHELLE \$ 1,050.00



NAME

% TOTAL

THERESA

38%





JAZMIN

37%



BERNICE

NAME

COLLECTED

THERESA

\$ 602.00





\$ 130.00

\$762.00 FOR THE MONTH

NAME

% TOTAL

CYNTHIA

52%











2025

AS WE MOVE FURTHER INTO 2025, I WANT TO TAKE A MOMENT TO THANK YOU ALL FOR THE STRONG START TO THE YEAR. YOUR DEDICATION, HARD WORK, AND POSITIVE ATTITUDE HAVE NOT GONE UNNOTICED, AND I'M TRULY GRATEFUL FOR EVERYTHING YOU BRING TO OUR DEPARTMENT.

THIS MONTH, WE'LL CONTINUE FOCUSING ON STRENGTHENING OUR TEAM AND BUILDING A SOLID FOUNDATION FOR THE YEAR AHEAD. ONE OF OUR KEY INITIATIVES IS CROSS-TRAINING WITHIN THE PATIENT ACCESS DEPARTMENT. BY LEARNING NEW SKILLS AND GAINING INSIGHT INTO DIFFERENT ROLES, WE CAN WORK MORE EFFECTIVELY TOGETHER, SUPPORT ONE ANOTHER DURING BUSY TIMES, AND CREATE NEW OPPORTUNITIES FOR PERSONAL AND PROFESSIONAL GROWTH. IF THERE'S A SPECIFIC AREA YOU'RE INTERESTED IN LEARNING ABOUT, PLEASE DON'T HESITATE TO REACH OUT.

ANOTHER FOCUS FOR FEBRUARY IS ON IMPROVING OUR PROCESSES FOR COLLECTING COPAYS AND MAINTAINING RELIABLE ATTENDANCE. THESE ARE AREAS WHERE CONSISTENCY AND TEAMWORK WILL HELP US MEET OUR GOALS AND PROVIDE THE BEST POSSIBLE EXPERIENCE FOR PATIENTS AND COLLEAGUES ALIKE.

I'M EXCITED ABOUT WHAT WE'LL ACCOMPLISH TOGETHER THIS YEAR. LET'S CONTINUE
BUILDING ON THE GREAT WORK WE'VE STARTED AND MAKE FEBRUARY A MONTH
OF PROGRESS AND COLLABORATION.

THANK YOU ALL FOR EVERYTHING YOU DO. YOU ARE TRULY THE HEART OF WHAT MAKES THIS TEAM SO SUCCESSFUL.